

# CANARY WHARF

## Summer *on the* Road

Motorexpo 2015 begins;  
Sir Stirling Moss reflects;  
Harley-Davidson goes eco

## The Interceptor

On set with O.T. Fagbenle, the star  
of BBC One's new flagship drama

## FORMULA 1 FITNESS

Speed, stress and stamina: the  
mental and physical preparation  
needed for life on the race track

## [City Break] Zurich

On the global stage, Zurich may be comparatively small but Switzerland's largest and wealthiest metropolis makes its presence known for all the right reasons

WORDS: TIFFANY EASTLAND

**W**ith 50 museums, theatres and concert halls, efficient public transport, a vibrant nightlife and a stretch of shops offering all the finer things in life, it's little

wonder Zurich last year claimed second place in the Global Most Liveable Cities Index. In fact, I'd not been in Zurich for long when I started to contemplate relocating, or at least planning my return.

A beautiful big lake, the Alps on the horizon and an unbelievably clear river, left me wondering what supposed world number one, Geneva has that Zurich lacks. As far as I'm concerned, Zurich strikes the perfect balance. On the one hand it's a cosmopolitan global city and exciting financial centre, and on the other it exudes the charm of a quaint village with cobblestone streets telling tales of its rich history. And the more you explore, the more you find there is to discover, calling for careful planning to ensure you catch all of its highlights.

### STAY

Autograph Collection's first property in Switzerland, the hotly anticipated Kameha Grand Zurich Hotel may lend itself to a business clientele, but those travelling for pleasure will find just as many reasons to book a room. Located in Glattpark, the design hotel offers its guests the convenience of being just eight minutes from Zurich International Airport and eight minutes from Zurich's main station. That said, there's a lot aside from its location worth bragging about.

Featuring Swiss-inspired design elements, which include walls reminiscent of Swiss chocolate and minibars disguised as "Swiss Vault", there's nothing generic about this hotel, in fact the unique touches continue in its communal areas with an exotic Shisha Lounge and Smoker's Lounge.

Upon arrival it's evident that seeing to the needs of its guest is a high priority, and CEO Carsten Rath leads his team with a wealth of service and knowledge.



*"On the one hand it's a cosmopolitan global city and exciting financial centre, and on the other it exudes the charm of a quaint village with cobblestone streets telling tales of its rich history"*

Kameha Grand Zurich's special introductory rates start from £136 per room, per night, with the "sleep with me" opening special including breakfast to go. This offer is available until 15 August 2015. [kamehagrandzurich.com](http://kamehagrandzurich.com)

### SAVOUR

With its sophisticated and varied dining scene, you'll find yourself spoilt for choice when it comes to dining out in Zurich, however the highlights for me were Kameha Grand Zurich's own restaurants. On our first night we were charmed by Chef de Cuisine, Raoul Mühlan and his authentic Italian fare at Restaurant L'Unico. This man is the master of pasta, inventing his own varieties from a live-cooking station and proving generous with truffle sauce, while also delighting us with Mediterranean fish and meat dishes.

Our second night was spent in the hotel's Japanese fine dining restaurant Yu Nijiyo, which takes a precise and artistic approach but again showcases generations of culinary skill. We sampled a selection of traditional Japanese options including delicate sushi and succulent Kobe beef, all of which were immaculately presented. Unsurprisingly, Chef de Cuisine Norman Fischer is vying for not one but two Michelin stars.

### SIP

After dinner I could have easily spent the rest of the evening in the confines of the hotel, sipping cocktails at Puregold Bar or unwinding in the steam baths of its spa. However, Zurich's centre has much to offer in terms of nightlife. Recommendations from the hotel's discerning clientele led me to Widder Bar, a popular live jazz venue. Unassuming from the outside, inside I discovered a chic but lively venue that is a favourite for both couples and large groups. I made my way to an azure-tiled performance area where a gentleman was playing piano. As I flicked through the extensive drinks list and an additional single malt whisky selection, I could see myself settling in for the evening and perhaps many more to come, as relocation returned to the forefront of my mind. ☺

SWISS operates daily flights from London Heathrow and London City Airport to Zurich. Fares start from £147 return. [swiss.com](http://swiss.com) For more information on Zurich visit [myswitzerland.com](http://myswitzerland.com)